

Session Two

Your Walking Companion

There are a few more questions at the end of this chapter, so I won't give you many supplemental questions. And your Bible-based activities will mostly be covered in the Carry On section below.

Key points:

- You must know God personally before you will experience His love intimately.
- There are infinite facets of who God is.
- God is to you everything you need.

Carry on:

This chapter will give you the perfect opportunity to use your index cards. Read each header on the Facets of God pages. Scan the different attributes. When something jumps out at you, look up that verse(s). For the verses that really speak to you in this season of life, create an index card to keep with your quiet time materials. Read them daily. Draw the verses into your belief system.

**If you wonder the point of this exercise, remember, truth dispels lies!

Write Romans 12:2 here:

Scripture transforms the world-shaped mind.

Look Within:

From the video content:

Do you still carry the luggage of dead you? Is it shame based or a way to carry your grave clothes (sin) to wear every now and then?

Read Psalm 103:8-14. Write out any phrases that resonate with you.

If you deal with shame, remember, He has removed your sin as far as the east is from the west. Condemnation comes from the enemy. If you have sought His forgiveness, then you've received it. Don't confuse condemnation with conviction.

If you deal with the same old sins, conviction is a healthy emotion. It's what God uses to open your eyes, admit what you're doing wrong, and help you to step back in line with His best for you. That, in a nutshell, is repentance, the turning away from old patterns.

Practice the Dance:

How can you apply one or two Key Points to your day-to-day life and to your day today?

End with prayer time in your journal. Tell God who you need Him to be to you. Admit where you're weak. Ask Him to show you ways He is close to you, little ways and big ways.