

## YOU. ARE. LOVED. STUDY RECAP

You will find a printable version of this page under the Session Ten section of the YAL Online Study.

When you finish a book, it's easy at the end to lose sight of the beginning. This is a great time for reflection. Use the prompts below as a reminder of your love journey.

- 1) Scan back through the earlier chapters of your book. Did you underline or highlight specific sections that have made a lasting impact?

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- 2) If you look back through your previous assignments, were there questions or points where God gave you greater insight?

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- 3) Have you noticed a change in your walk with Jesus? Do you see a difference in the now-you versus the then-you who began this study?

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- 4) What hopes do you have for future-you as you continue to plumb the depths of the fullness of the love of God (Ephesians 3:19)?

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If you would like to continue with a few more Live Loved chapters, check out the Keep Living the Love Song section to follow. If others have come to mind and you would like to invite them along with you on this journey, read more in the Share His Love pages.

## KEEP LIVING THE LOVE SONG

The dance we dance with Jesus is lifelong as we move to the rhythm of God's love song. We began this journey together in Part One exploring God's love and learning how essential it is to go beyond merely knowing to actually receiving and experiencing His love in such a way that it seeps into your belief system and alters how you live out this life.

Then in Part Two, we began to explore individual topics that have allowed you to practice the dance. Since every believer needs to continually plumb the depths of God's vast love, there's no better way to experience His love than in daily application. Keep seeking the God who is ever seeking you, always remembering this isn't some faraway deity you belong to. You are living life and dancing the dance with the next-to-you Jesus. He is your loving partner who wants nothing more than to be known by you.

Now that you are living the love song, you are able to sing along and share His love as you relate to others, brimming over with the fullness of the love of God (Ephesians 3:19) so much so that you likely splash a little everywhere you go. The dance you now dance is one others will want to learn. Help them. Lead and guide your friends and family along this grace-filled dance with Jesus. They will want what you have if what you have is spectacular. Sister, what you have is already spectacular if you belong to the Father through faith in Jesus. You just need to practice the dance until love is who you are.

### Discipleship

*"Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age. Amen."*

(Matthew 28:19-20)

These are the red-letter words of Jesus. His command is for us to go and make disciples, so I take ongoing discipleship seriously. With that in mind, this final chapter isn't the end of Live the Love Song. It is my hope that you will keep living loved in your daily life. The topics you've read are just the beginning. I have a list of topics yet to write, but I had to choose an ending point for this book. If you enjoyed the format of the chapters in Part Two, then I urge you to visit my site at [youarelovedbook.com](http://youarelovedbook.com), where you can read and download additional online chapters.

### Community

In the chapter Live in Safety, I expressed that my own fall was partially a result of not being attached to a community of believers during a church transition. I can't stress enough the importance of walking out this life with a body of believers. We really do need each other.

**Finally, this:**

BEGIN AND END EVERY DAY WITH THIS TRUTH: YOU. ARE. LOVED.

## SHARE HIS LOVE

Throughout this journey, have friends or family come to mind who you know would benefit from this study and the impact of knowing God's deep and transformational love? Who has come to mind?

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What might it look like if you took on the role of a soldier, stepped out onto the battlefield, and invited those friends to take this love journey with you? God may be prompting you to step out in faith and trust that He can use you to help lead others closer to Him.

You don't need any special training to host a study group at your home, at church, through Zoom, or even at a coffee shop. Since questions are provided at the end of each chapter, it will be easy to read separately and then get together for group discussion. All you need to do is facilitate the conversation and enjoy time with other believers.

All study materials are free and can be found on the [youarelovedbook.com](http://youarelovedbook.com) website (Book Study – Videos and Assignments), including a free YAL book PDF and the book trailer, which is a heart-stirring tool to use as an invitation.

Though training isn't necessary, sometimes guidance is helpful. If you would like to host a study group and this is your first time, here are a few suggestions:

### **Before the first meeting:**

- Send the link for the free PDF book or online chapters prior to the first session.
- If you plan to ask your group to have particular chapters read in advance of your first meeting, be clear about your expectations, such as what material they should read and that they should highlight meaningful points and be prepared for discussion.
- Read through the material yourself and highlight what you would like to cover. Be prepared with your discussion points. Remember, if it was a concept that resonated with you, it likely will with others too.

### **At the first meeting:**

- Allow time at the beginning for members to get acquainted if you are inviting a broad range of people who do not know each other.
- Consider starting with an ice-breaker question and go around the group asking each person to tell her name, something about herself, and her answer to the ice-breaker question.
- Open the discussion time with prayer.
- Outline your expectations, such as they should read the material, participate in the group discussion when possible, and allow other members a chance to speak.

### **In general:**

- As you move through the material, allow plenty of time for discussion. If you have notes, make sure to include the page number so that you can direct others to the section you're referring to.
- Allow extra time at the end of the meeting for smaller group conversations, if possible. Groups of two or three are often where we find our "few," those with whom we do life and hold one another up and accountable.

## GOOD NEWS

The Good News is always Jesus!

This world is a sorrowful and sinful place. Without God we are a sorrowful and sinful people, lost without Jesus.

Some say, “I’m a good person.” From God’s perspective, though, there is no “good enough” to merit forgiveness and salvation apart from what Jesus did when He gave His life and shed His blood on the cross as payment for your sins and mine.

The Bible describes the people of this earth as either lost or found. There is no in-between. The Good Shepherd seeks the lost sheep, leaving the ninety-nine behind to find the one (Matthew 18:12). Jesus has you in sight. Jesus stands with arms open, inviting you to come.

*“Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light.”* (Matthew 11:28-30)

To come to Jesus means to say yes to His invitation of eternal life. You can never be good enough or do enough. You can only say yes.

If that’s what you choose today, to enter into a relationship with Jesus and become a member of God’s family, speak to Him now. Be open and honest and share your heart with Him. Your prayer may be something like this:

Dear Jesus,

I admit that I’m a sinner who needs the forgiveness of a Savior. I believe You are the Son of God who came to this earth to die for me and rose again to give me new life. I trust that what You’ve done on the cross is enough, that I can’t do anything to save myself. Now I ask to be Yours, and I choose to follow You.

If you prayed that prayer or something similar with a heart of faith, then salvation is yours today, and I call you sister. When you are saved and become His, God sends the Holy Spirit to indwell you as your Teacher and Guide. Immediately, you are a new creation in Christ (2 Corinthians 5:17). Though you are new, it takes time for the old you to fade and the world’s influence to be overcome, so be patient and take time to get to know Jesus. Only He can transform you through His Word, the Bible (Romans 12:2).

Don’t wander out there on your own. Find a Bible-preaching church home, even if that’s a home church or online group where you can learn and grow. We were made for community, so live connected with other believers.

## CONNECT WITH LISA

Lisa is an author and speaker, a woman filled with words and a heart to share Jesus with others. Her passion is to lead women into an intimate relationship with Jesus, a desire that drives her fiction and nonfiction work.

Her journey to her current life of faith was one filled with bumps and bruises, allowing her genuine empathy toward broken believers and the lost. With her willingness to share even her most embarrassing life moments, Lisa's stories inspire, teach, and make us laugh and cry along with her.

Connect with Lisa:

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I would love to hear from you.

– Lisa